

Stacy M. Stefaniak Luther
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Education

PsyD in Psychology, g.p.a. 4.0 June, 2018
Specialization in Clinical Psychology
Capella University, Minneapolis, MN
Dissertation Topic: *Attachment, Family Systems, and the Interpersonal Theory of Suicide: Risk for Suicide During Childhood* An Applied Theoretical Paper

MS in Psychology, g.p.a. 4.0 September, 2014
Specializations in Clinical Psychology and Child and Adolescent Development
Capella University, Minneapolis, MN
Integrative Project Topic: *Attachment Variations and Co-Morbidity in Autism Spectrum Disorder and Subsequent Impact on Social Skills Development in Early Childhood*

AS in Early Childhood Education, g.p.a. 4.0 December, 2008
Northeast Wisconsin Technical College, Green Bay, WI

BS in Elementary Education, g.p.a. 3.49 December, 2004
Minors in Language Arts and Social Studies
Northern Michigan University, Marquette, MI

Professional Licenses

Licensed Professional Counselor- Training April, 2015 –
January, 2017

State of Wisconsin Department of Safety and Professional Services-
Credential No. 2499 – 226

Licensed Professional Counselor- January 2017
State of Wisconsin Department of Safety and Professional Services-
Credential No. 6772 – 125 Expires: February 2021
NPI Number: 1649666926

Licensed Professional Counselor- May 2021
State of Minnesota Board of Health and Behavior Therapy-
License No. 2527 Expires: April 2022
NPI Number: 1649666926

Related Professional Experience

Northcentral Technical College Wausau, WI

August 2016 – May 2017

Adjunct Instructor

- Courses:
 - Developmental Psychology, Spring Semester 2017
 - Marriage and Family, Fall Semester 2016
- Teach via Interactive Video Conferencing (IVC) to multiple campus locations
- Present instruction based on the competencies and performance levels of the course
- Plan learning activities and use teaching methods designed for a variety of learning styles to help students achieve course outcomes
- Use course text, outlines, syllabus, and other curriculum materials in accordance with college and department guidelines
- Develop course syllabus and Blackboard course room format
- Maintain accurate attendance and scholastic records of students
- Respond to student questions
- Participate in the college's assessment process
- Validate that learning has taken place

Behavioral Health Clinic of Wausau, LLC Wausau & Plover WI

July 2016- Present

Co-Owner/Member

May 2019 – present

Post-Doctoral Resident

July 2018 – September 2019

Psychological Intern

July 2017 – July 2018

Psychological Practicum Student July 2016 – July 2017

- Practice core clinical competencies by providing direct, face-to-face psychological services under supervision of licensed psychologists
- Gain experience in psychological assessment and integration of assessment results
- Provide psychotherapy services for children, adolescents, and adults
- Engage in marketing and public relations through facilitation of psychoeducation
- Complete psychological evaluations
- Demonstrate the capacity to receive supervisory feedback in a non-defensive and open manner
- Abide by state and national codes of ethics and legal responsibilities for psychologists
- Demonstrate the ability to self-monitor in areas of competence
- Display interpersonal skills consistent with fitness to the profession

Capella University, Minneapolis, MN

October 2015- June 2018

Graduate Teaching Assistant, Lifespan Development (PSY7210)

- Provide content specific feedback to learners utilizing knowledge of the lifespan and human development
- Review case studies for application of theory and research to practice
- Review and provide feedback to learners on APA formatting, 6th ed.
- Maintain office hour(s) per week
- Identify at-risk learners and provide support and resources to encourage success
- Respond to discussion questions and general questions within BlackBoard format

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Phoenix Behavioral Health Services, LLC Manitowoc, WI
Licensed Professional Counselor- In Training
Senior Behavior Consultant
Autism Line Staff

April 2007 – August 2016
June 2015 – August 2016
September 2008 – June 2016
April 2007 – September 2008

- Hire, train, and supervise a team of 10-25 line staff
- Oversee undergraduate interns on a semester basis through local university
- Mentor undergraduate employees
- Monitor child development and behavioral interventions
- Track progress, create interventions, and document with progress reports
- Utilize Applied Behavioral Analysis and other empirical approaches for intervention
- Consult with families, clients, caseworkers, and other professionals
- Assist with IEP meetings and psychiatric visits with clients
- Training to provide assessments and diagnose Autism Spectrum Disorder
- Provide one on one mental health counseling for children and adolescents
 - Client Centered, Play Based, Psychodynamic, Cognitive Behavioral, Behavioral

Children's Disability Resource Center, Marshfield, WI
Interim Resource Specialist

October 2014 – February 2015

- Interview with knowledge of normal and atypical child development to obtain identifying information to support need
- Assist the child and family in transitioning to other community services
- Display knowledge of agency and community programs in order to answer general program questions, ascertain appropriate contact within the agency or refer to an outside source in an efficient manner
- Display knowledge of community programs available, mandates, and best practices while working alongside parents to help them and others who support children with learning and development within and across all daily life activities
- Use observational skills to evaluate the needs of children and families

Marriage and Family Health Services, Marshfield, WI

January 2014 – June 2014

Clinical Psychology Practicum Student (Psychiatric Technician June 2014 – August 2014)

- Utilize Trauma Reprocessing, Dialectical Behavior Therapy and other empirically based interventions for children and adolescents with a history of trauma
- Participate in and lead group therapy sessions for adolescents and school age clients
- Engage in one to one counseling sessions
- Assist with case management, intake meetings, and administration of psychological assessments
- Contribute to treatment planning and documentation of progress
- Assess progress daily utilizing the SOAP note format

Bright Horizons/Child Care Center Marshfield, WI

January 2006 – May 2009

Preschool Teacher June 2006 – May 2009

Infant/Toddler Teacher January 2006 – June 2006

- Implemented developmentally appropriate lesson plans using Creative Curriculum

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- Conducted routine developmental observations and assessments
- Maintained portfolios to document developmental milestones
- Facilitated parent/teacher conferences
- Supervised volunteers and trained new employees

New Life Kiddie Kollege Marquette, MI

March 2002 – June 2004

Primary Caregiver

January 2005 – July 2005

- Provided attachment based care for children aged 6 weeks through 6 years
- Opened and closed center
- Trained new employees and volunteers
- Implemented developmentally appropriate lesson plans using Creative Curriculum

Presentations

Red Flags of Autism in Development. Dyslexia and Other Disabilities Support Group.
July 21, 2014 Marshfield Public Library, 10 attendees

Behaviors in Childhood and Effective Use-at-Home Interventions. Dyslexia and Other Disabilities Support Group.
October 20, 2014, Marshfield Public Library, 15 attendees

The ABC's of Behavior in Early Childhood. ChildCaring-Central Wisconsin Early Education Resources.
November 11, 2014, Mid-State Technical College, 75 attendees
November 18, 2014, Frances Streitl Conference Center, 100 attendees

My Professional Experiences with a Degree in Psychology. Undergraduate Psychology course taught by Dr. Jeana Magyar-Moe.
April 20, 2015, University of Wisconsin-Stevens Point, 30 attendees

Autism Spectrum Disorder: Implications across the Lifespan. Healthy People Wood County Mental Health Conference.
October 9, 2015, University of Wisconsin-Wood County/Marshfield, 24 attendees

My Professional Experience with a Degree in Psychology. Undergraduate Psychology course taught by Dr. Jeana Magyar-Moe.
March 14, 2016, University of Wisconsin-Stevens Point, 25 attendees

Autism Spectrum Disorder: An Overview for Providers. Opportunity Development Center staff training.
June 8, 2016, Opportunity Development Center, Marshfield, 15 attendees

Autism Spectrum Disorder: An Overview for the Workplace. Opportunity Development Center staff training.
July 19, 2016, Opportunity Development Center, Wisconsin Rapids, 30 attendees

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Early Development Red Flags (Autism). Taylor County Early Childhood Coalition.
October 17, 2016, Taylor County Education Center, 15 attendees

My Professional Experience with a Degree in Psychology. Undergraduate Psychology course
taught by Dr. Jeana Magyar-Moe.
November 7, 2016, University of Wisconsin-Stevens Point, 25 attendees

Common Childhood Behaviors in Autism. Taylor County Autism Support Group.
November 21, 2016, Taylor County Education Center, 10 attendees

Postpartum Depression and Anxiety, Adjustment to Pregnancy and Birth. Postpartum Health
Panel.
May 10, 2017, 5 Koshas Yoga Center, 15 attendees

Coffee Q & A: Discussion about Mental Health and Developmental Disorders. Parent
Information and Education Resource
February 24, 2018, Yearly Conference, 51 attendees

Attachment, Family Systems, and the Interpersonal Theory of Suicide: Risk for Suicide During
Childhood. University of Wisconsin-LaCrosse Suicide Prevention Summit.
September 19, 2018, Yearly Summit, 45 attendees

Bullying in the Modern Era. Children's Hospital of Wisconsin, Community Outreach. Wausau.
January 8, 2019, 5 attendees

Autism 101. Children's Hospital of Wisconsin, Community Outreach. Marshfield.
February 28, 2019, 10 attendees.

Autism 101. Children's Hospital of Wisconsin, Community Outreach. Marshfield.
April 2, 2019, 15 attendees.

Depression, Anxiety, Loneliness, and Autism Spectrum Disorder in Adolescence and Adulthood.
Wisconsin Autism Society Conference.
April 13, 2019, 75 attendees.

***Some of the following presentations utilize the label "high-functioning." This title was set by
the company I contract with and I understand the stigma associated with this language and
continue to advocate for acceptance and removal of functioning labels. ***

High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in
Children, Adolescents, & Young Adults (slides provided by Dr. Heather Dukes
Murray). PESI, Inc. Boise, ID; Salt Lake City, UT; and Las Vegas, NV. May 7,
8, 9, 2019. 35, 34, and 17 attendees.

Beyond the Blues: Mental Health Challenges Across the Perinatal Spectrum (slides provided by
Wisconsin Association for Perinatal Care). Co-Presentation with Alpa Shah, MD.

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Wausau, Wisconsin. October 14, 2019.

High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in Children, Adolescents, & Young Adults (self-designed presentation). PESI, Inc. Albany, NY; Poughkeepsie, NY; and Nanuet, NY. Nov. 6, 7, 8 2019 53, 21, and 47 attendees.

Albany feedback score average: 4.14/5

Poughkeepsie feedback score average: 4.45/5

Nanuet feedback score average: 4.39/5

High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in Children, Adolescents, & Young Adults. PESI, Inc. Hagerstown, MD; Rockville, MD; and Fairfax, VA. January 29, 30, 31, 2020. 11, 22, and 33 attendees.

Hagerstown feedback score average: 4.65/5

Rockville feedback score average: 4.53/5

Fairfax feedback score average: 4.62/5

Reactive Attachment Disorder: Learning, Loving, and Living. Children's Hospital of Wisconsin, Community Outreach. Wausau. March 10, 2020, 24 attendees.

High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in Children, Adolescents, & Young Adults. PESI, Inc. [Live Webinar]. (Covid-19 mandated, Live interactive presentation cancelled (Indiana)).

March 17, 2020. 16 attendees.

Autism Spectrum Disorder: An Overview. Training for Child Life Specialists at Marshfield Medical Center Children's Hospital. [Live Webinar]. March 31, 2020. 10 attendees.

Autism Spectrum Disorder: An Overview. Children's Hospital of Wisconsin, Community Outreach. [Live Webinar]. Wausau. April 14, 2020. Approximately 30 attendees.

Behind the Mask: Aiding and Understanding Girls and Women with Autism. Autism Society of Greater Wisconsin, Annual Conference. [Live Webinar]. May 2, 2020. Presented with Emily Lindberg, MS, LPC-IT.

Reactive Attachment Disorder: Learning, Loving, and Living. Wisconsin Adoption and Permanency Support Program. [Live Webinar]. May 5, 2020. Approximately 30 attendees.

Mental Health Self-Care During COVID19. Ignite Young Professionals of Portage Co. [Live Webinar]. May 6, 2020. Approximately 15 attendees.

Mental Health Self-Care During COVID19. Behavioral Health Clinic. [Live Webinar]. May 12, 2020. Approximately 10 attendees.

High Functioning Autism: Proven and Practical Interventions for Challenging Behaviors in

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Children, Adolescents, & Young Adults. PESI, Inc. [Live Webinar]. (Covid-19 mandated, Live interactive presentation cancelled (Arizona and New Jersey)). 49 attendees.

Mental Health 101: The Essential Basics for Adults, Children, and Adolescents. [Pre-Recorded Webinar]. Northcentral Technical College. Medical Assistant Conference. September/October 2020.

Autism and Suicide Through the Lifespan. UW-LaCrosse Suicide Prevention Summit. [Live Webinar]. September 17, 2020. 44 attendees.

Sex, Dating, and Relationships for Autistics. Autism Society of Greater Wisconsin annual conference. [Live Webinar]. April 23, 2021.

Publications

Luther, S. M. S., Garner, C. D., & Miller, A. K. (2016). From research to practice. *Independent Practitioner*, 36(3), 114-117.

Luther, S. M. S. & Miller, A. K. (2016). From research to practice. *Independent Practitioner*, 36(4), 158-160.

Luther, S. M. S. & Miller, A. K. (2017). From research to practice. *Independent Practitioner*, 37(1), 11-14.

Luther, S.M.S. & Miller, A.K. (2017). From research to practice. *Independent Practitioner*, 37(2), 12-15.

Luther, S.M.S. (2017). Traumatic Stress and the Practitioner. *Independent Practitioner*, 37(2), 16-19.

Oldham, E.I.G. & Luther, S.M.S. (2017) "Let's Not Talk About Sex"-Why Psychologists Avoid Talking About Sex with Their Patients. *Independent Practitioner*, 37(3), 11-14.

Handlang, D. & Luther, S.M.S. (2017) Implementation of: Are You in the Mood? Therapist Affect and Psychotherapy Process. *Independent Practitioner*, 37(4), 23-27.

Luther, S.M.S. (2018). Maintaining Competence. *Independent Practitioner*, 38(1), 22-25.

Jacobson, M. & Luther, S.M.S. (2018). Concussions and Psychology. *Independent Practitioner*, 38(2), 6-9.

Luther, S.M.S. and Stenzel, H.A. (2018). Integrated Care. *Independent Practitioner*, 38(4), 7-10.

Luther, S.M.S. and Grimes, K.R. (2019). Violent Video Games and Adolescence: Current Research. *Independent Practitioner*, 39(1), 6-9.

S. Luther

Luther, S.M.S. & Gentile, S. (2019). The Link Between Gastrointestinal Symptoms and Autism. *Independent Practitioner*, 39(2), 10-14.

Awards

Terri Lynn Lokoff/Children's Tylenol Top 50 Early Childhood Educators	2009
Bright Horizons Make a Difference Award	2007
Bright Horizons Diversity Champion Award	2007, 2008

Professional Development

Human Services Intern Supervisor, University of Wisconsin-Stevens Point	2010- 2016 2017- present
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- Supervise undergraduate intern(s) during field experience training for Autism behavioral services (2010-2016)
- Supervise undergraduate intern during field experience training for clinical psychology private practice services (2017- present)

Capella University Psychology Club, Student Member	2011 – 2017
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- Enhance awareness of issues facing the mental health community by attending virtual presentations featuring experts in the field

Children's Disability Resource Board, Secretary	2013-2014
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Children's Disability Resource Board, Interim Resource Specialist	2014- 2015
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Capella University, Application of Research to Clinical Practice	2016- 2017
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- Conduct literature reviews of up to date research and apply the research to practice for clinicians; publication in the APA Division 42 Bulletin: *Independent Practitioner*

American Psychological Association Division 42 Psychologists in Independent Practice	
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Student/Early Career Psychologist Contributing Editor	2017- 2018
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Faculty Quality Assurance System Courses, Northcentral Technical College	2017 – 2018
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- Student Success
- Teaching Methods and Technology: Online Learning Focus

Applied Teaching Seminar, Capella University	2017 – 2018
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- Skills for Teaching Online
- Strategies for Interacting with Learners
- Resources to Support Online Learning
- Applying Culturally Competent Practices

Postpartum Support International's 2-Day Training Certificate Program	2018
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- Risk factors and Identification of Perinatal Mood Disorders
- Basic training on medications and breastfeeding
- Empirically supported interventions for Perinatal Mood Disorders

APA Division 42 Psychologists in Independent Practice – Mentee	2018
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- Maintain up-to-date communication with a mentor, focusing on professional practice

Professional Affiliations

- American Psychological Association
 - American Psychological Association of Graduate Students 2013- 2018
 - Society of Clinical Child and Adolescent Psychology, Div. 53 2015- present
 - The Community for Psychologists in Independent Practice, Div. 42 2017- present
- Wisconsin Psychological Association 2015- present
- Society for Personality Assessment 2016- 2017
- Wisconsin Autism Society 2009- 2011,
2017 – present
- National Association for the Education of Young Children 2007-2009
- Postpartum Support International 2017- present
- American Association of Suicidology 2018 - present

Volunteer and Committee Experience

- Anger Me Not Foundation- Vice President 2019- 2020
- Portage County Breastfeeding Coalition 2018- present
- American Association of Suicidology – Mentor 2018- present
- American Association of Suicidology – Member of Networking Board 2018 – 2020
- Wood County Mental Health Coalition 2015 – 2017
- Autism Jig Saw Run 5k – Wisconsin Rapids 2015
- Children’s Disability Resource Center Board Activities 2012-2015
- Capella University Mentor 2012 – 2017
- Capella University Ambassador 2012 – 2018
- March of Dimes March for Babies 2010, 2012
- Bright Horizons Diversity Committee 2006 – 2009
- Bright Horizons Growing Readers Committee 2006 – 2009
- Bright Horizons Week of the Young Child Committee 2006 - 2009
- Bright Horizons NAEYC Re-Accreditation Committee 2008 - 2009
- Tutored a co-worker with learning disability for Early Childhood courses 2007- 2009
- Organized Muscular Dystrophy Hop – a – Thon Fundraiser 2007 - 2008

Competencies and Interests

- Autism
- Attachment and Attachment Theory, Reactive Attachment Disorder
- Behavioral Challenges
- Parenting skills, styles, and influences on development
- Perinatal Mood and Anxiety Disorders, Adjustment during and after pregnancy
- Infertility, Foster Care, Pre- and Post-Adoption
- Child Development

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- Suicide Prevention
- Mindfulness Skills, Play Therapy, Sand Tray Therapy
- Psychological and Neuropsychological Assessment